

## Care Instructions for Temporary Crowns

- If you received anesthesia, do not chew until the numbness has subsided.
- Avoid chewing for at least an hour.
- Avoid eating hard or sticky foods (raw vegetables, caramels, taffy, almonds, etc.) and chew on the opposite side of the mouth if possible.
- Brush as usual, but floss with care. When flossing, remove floss from the side of the tooth.
- If teeth are sensitive to cold, heat, or pressure, use a desensitizing toothpaste. Contact our office if sensitivity increases or persists beyond a few days.
- Contact us if the crown comes off, and save it so that it can be recemented. It is important that the temporary crown stay in place to ensure the proper fit of the permanent crown.

### What to do if you have any discomfort:

- Take medications, including antibiotics, only as directed by Dr. Payne or Dr. Young.
- Rinse mouth three times a day with warm salt water (mix one teaspoon of salt with one cup of water).
- Call us if your bite feels uneven, you have persistent sensitivity and discomfort, or have any questions or concerns.